

Sandwiches and Toasties

Choose from either white or brown bread, toasted or not with the choice of the below filling, served with a salad garnish and a handful of tortilla chips.

£5.95

Just choose your filling

Tuna and Cheese	694	Fish Finger	627
Tuna Mayonnaise	624	Cheese and Ham	546
Bacon	490	Sausage	726
Cheese	512	Ham	448

Paninis

Served with a salad garnish and a handful of tortilla chips.

£7.95

Just choose your filling

- Sausage & caramelised red onion 856
- Mozzarella and Cheddar cheese with sun dried tomatoes and basil pesto 648
- Cheese and Ham 615
- Fish finger and tartar sauce 761

Cakes

Toasted tea cakes with butter	142	£2.00
Scone and butter	379	£2.75

Cream tea for 1 658
Served with 1 hot drink, 1 Scone, Clotted Cream, Tiptree Jam and Butter **£5.50**

Cream tea for 2 1316
Served with 2 hot drinks, 2 Scones, Clotted Cream, Tiptree Jam and Butter **£10.00**

Muffin
Choice of either a Blueberry, Chocolate Chip, Double Chocolate, White Chocolate and Raspberry (vegan Option available) **£3.00**

Flap jacks	£3.00
Cookie	£2.50
Bakewell Tart	£3.00
Vegan Rocky Road Bar	£3.00
Do-Nut	192 £1.50
7 Do-Nuts	1344 £7.00



WE HAVE INFORMATION REGARDING THE INGREDIENTS OF ALL OUR DISHES, IF YOU HAVE A SPECIFIC FOOD ALLERGY, PLEASE ASK THE DUTY MANAGER AND HE/SHE WILL BE HAPPY TO HELP.

Childrens Menu

All meals served with a portion of chips and small drink.

Half Sandwich	Jam 402	Ham 353	Cheese 416
Burger Meal	406		
Cheese Burger Meal	460		
Fish Fingers (3 pieces) Meal	454		
Chicken Fillets (3 pieces) Meal	464		
Veggie Nuggets (4 pieces) Meal	VG 320		
Scampi (5 pieces) Meal	389		

£7.00

CALORIE COUNT

IN LINE WITH THE U.K.'S GOVERNMENT GUIDELINES WE ARE NOW DISPLAYING THE CALORIES IN OUR CATERING ITEMS. THE NUMBER IN THE ORANGE CIRCLE IS THE AMOUNT OF CALORIES THAT ARE IN THAT ITEM.

DAILY RECOMMENDED DAILY INTAKE:
MEN 2500 / WOMEN 2000

DRINKS

			GLASS £3.50	CALORIE COUNT
	REGULAR HALF YARD HALF YARD REFILL		£3.75 £5.75 £3.50	
	BOTTLED WATER	£2.00		
	JUICE DRINK APPLE / ORANGE	£1.75		
	LIPTONS ICED TEA	£3.50		
	ROCKSTAR ENERGY DRINK	500ml £3.75		
	ROBINSONS Real Fruit	500ml £3.50		
COFFEE COOL			£3.95	
REFRESHING ICED COFFEE				
HOT DRINKS				
TEA			£2.50	
HERBAL TEA			£2.50	
AMERICANO			£3.35	
CAPPUCCINO			£3.50	
LATTE			£3.50	
HOT CHOC SUPREME			£3.95	
ADD SOME SYRUP TO YOUR COFFEE OR HOT CHOC SUPREME. CHOOSE FROM CARAMEL HAZELNUT VANILLA			75p	

R.WHITES LEMONADE SML	7
TANGO ORANGE SML	121
PEPSI MAX SML	1
R.WHITES LEMONADE REG	8
TANGO ORANGE REG	161
PEPSI MAX REG	1.4
R.WHITES LEMONADE LGE	13
TANGO ORANGE LGE	221
PEPSI MAX LGE	2
PEPSI SML	149
PEPSI REG	199
PEPSI LGE	273
SLUSH REG	156
SLUSH HALF YARD	208
TEA	14
HERBAL TEA	0
AMERICANO WHITE	35
AMERICANO BLACK	3
CAPPUCCINO	100
LATTE	143
HOT CHOC SUPREME	297
CARAMEL SYRUP	21
HAZELNUT SYRUP	20
VANILLA SYRUP	20

Jacket Potatoes

Jacket potato served with a salad garnish and butter portions. Then choose from a choice of fillings below.

Chilli Con Carne	201	£3.50
Tuna Mayonnaise	123	£3.00
Cheese	140	£2.50
Baked Beans	74	£2.50

Large Chips

526

£3.95

The Other Side



the
Three
Shells

HAPPY SUNDAES



426

STRAWBERRY SUNDAE £3.95

Vanilla Ice Cream, topped with Cream, Hundreds and Thousands, Strawberry Sauce and a Flake.

KNICKERBOCKER GLORY £3.95

Named in honour of the Knickerbocker Hotel in New York, we present this famous Sundae... and remember there has to be a cherry at the bottom and the top to truly be a Knickerbocker Glory!

483

CHOCOLATE SUNDAE £3.95

Vanilla Ice Cream, topped with Cream, Hundreds and Thousands, Chocolate Sauce and a Flake.

426

KIDDIES SPECIAL £3.30 313

Vanilla Ice Cream, Flake, Hundreds and Thousands and a choice of Strawberry or Chocolate Sauce



Doughnut 192 £1.50 each

7 Do-nuts 1344 £7.00

Candy Floss Bucket 310 £5.00

Popcorn Bucket 564 £5.00



King Kone

£3.50 530

and Kiddie Kone £3.00 417



Delicious Hot Chocolate topped with Marshmallows, Cream, a Wafer and a lot of Three Shells Love!



£3.95 297

And best of all- it's...
Cadbury